# **Benefits Expo Medical**

The meeting will begin at 10am. We will only be reviewing the Medical Plans today. If you want to learn more about dental, vision, wellness and other programs, please sign up for either the Oct 23rd or Nov 5th meeting.

Enrollment guides were mailed week of September 28th, if you have not received your copy yet, the guide is available on our website. A link to the guide and a FAQ document are also included in the meeting invitation.

If you need to ask questions on specific information, please contact us directly at (602) 542-5008 or (800) 304-3687 or email <a href="mailto:benefitsissues@azdoa.gov">benefitsissues@azdoa.gov</a>.





# **Benefit Options**

Benefit Program for State of Arizona Employees
Offered by the Arizona Department of Administration
Human Resources Division - Benefits

## **Agenda**

- **Finding Benefits Information**
- **Open Enrollment 2021**
- **Benefits Overview**
- **Medical Vendor Presentations**
- How to Enroll



# **Finding Benefits Information**

### **Benefits Info - Liaison**

- Answers questions
- Helps you enroll in benefit plans
- Shares benefits updates to the agency



### **Benefits Info - Web**

### benefitoptions.az.gov

- Key Tabs
  - Open Enrollment 2021
  - Contacts > Vendors
- No password, share site with family
- Web and mobile

#### **Enrollment Guide**

- Rates
- Plan Information
- Custom Vendor Contact Info for State Employees









# **Open Enrollment 2021**

You Must Enroll Online for All Plans

## **Open Enrollment 2021**

## October 19 to November 6 at 5 p.m. (AZ Time)

- Medical
- Dental
- Vision
- ✓ Flexible Spending Accounts
- Disability
- ✓ Life



## **Benefit Changes for 2021**

### Medical

- New Triple Choice Plan
  - Replaces EPO & PPO Plans
- **New Premium**
- Carrier change
  - BlueCross BlueShield of AZ
  - UnitedHealthcare
- Optum Bank
  - IRS contribution increase for HSA annual limit

### **Pharmacy**

New Mail Order & Specialty Vendor

### Dental

- No plan changes
- New Plan Name for Cigna DHMO:
  - Cigna Dental Care Access

### **Vision**

- Premium Reduction
- Discount Plan will be discontinued

### Flexible Spending Account

IRS contribution increase for Healthcare FSA

### **Short-Term Disability**

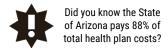
Slight Rate Increase





# **Medical Plan Options**

### **Health Insurance Terms**



#### **Premium**

Amount you and your agency pays for insurance each pay period

**Deductible Met** 

#### **Deductible**

Expenses you pay out-of-pocket before the health plan pays

- **Individual or Family**
- Separate In- & Out-of-Network amounts
- Accumulate toward out-of-pocket maximum

Out-of-Pocket Max Met

### Copayment

Fixed dollar amount

#### Coinsurance

Percentage of allowed amount

### **Out-of-Pocket** Maximum

The most you will pay in combined deductibles, health care and pharmacy copayments, and coinsurance

- You pay at the time of service after the deductible is met
  - Plan pays remaining charges
  - Accumulate toward out-of-pocket maximum

- Plan pays 100% of covered services after out-of-pocket max is met
- Individual or Family
- Separate In- & Out-of-Network amounts



## **Medical Plan Features**

	Triple Choice Plan	High Deductible Health Plan (HDHP)
Premium	\$\$	\$
Deductible	\$	\$\$
Health Savings Account (State contribution each pay period)	×	<b>✓</b>
Nationwide network of providers	Tier 1 & Tier 2	<b>✓</b>
Out-of-Network Coverage (higher cost)	Tier 3	<b>✓</b>
Primary Care Physician (PCP) not required	<b>V</b>	<b>V</b>
No referrals required to see a specialist	<b>V</b>	<b>V</b>
Preventive care in-network	Free	Free

### **Preventive Care Services**



### **Regular Visits**

Well-baby, Well-child, Well-man, Well-woman



#### **Tests**

Blood Pressure, Diabetes, Cholesterol



Flu, Pneumonia, Varicella, Shingles



# **Cancer Screenings**

Mammogram, Colonoscopy, Cervical, Prostate

### Intervention

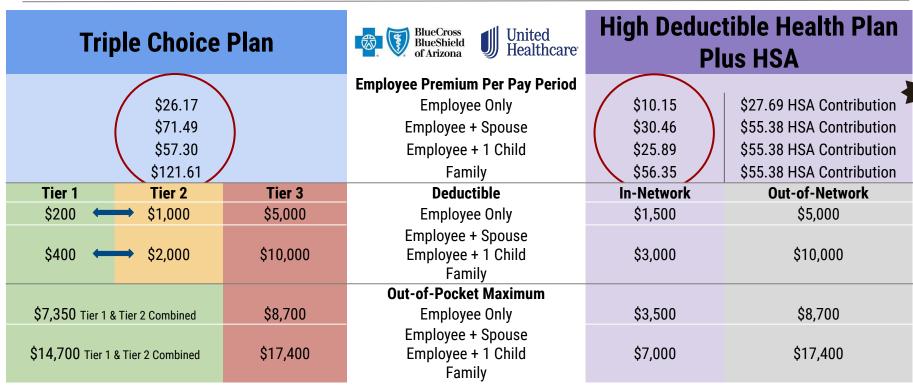


Smoking Cessation,
Depression Screening,
Unhealthy Alcohol &
Drug Use Screening,
Weight Loss Counseling

Preventive care services are free only when using an in-network provider



### **Medical Plan Cost**



Tier 1 & Tier 2, the deductibles will cross-apply:

<sup>&</sup>gt; Tier 1 deductible applies to Tier 2 and Tier 2 deductible applies to Tier 1

## **Medical Plan Cost**

to pay deductible and coinsurance expenses

### **Triple Choice Plan**





### **High Deductible Health Plan**

Copayment	/ Coinsurance A	oply After	Deductibles Are Mo	et
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Tier 1	Tier 2	Tier 3		In-Network	Out-of-Network			
\$0	\$0	50%	<b>Routine Preventive Services</b>	\$0	50%			
\$20	\$20	50%	Primary Care Physician (PCP)	10%	50%			
\$40	\$40	50%	Specialist	10%	50%			
\$20	\$20	50%	Telehealth Services (Virtual Visit)	10%	50%			
\$200	\$200	\$200	Emergency Room	10%	10%			
\$75	\$75	50%	Urgent Care	10%	50%			
\$250	\$250	50%	Inpatient Hospital Admission	10%	50%			
\$0	\$0	50%	Laboratory and X-Ray Services	10%	50%			
\$100	\$100	50%	<b>Major Radiology Services</b>	10%	50%			

## **How to Use the Triple Choice Plan**

Choose a network doctor

Look for the Tier 1 symbol for the lowest cost





Pay a copayment

You pay a flat fee rest

Your plan pays the

Pay a deductible

**Enroll** in the Healthcare FSA or pay out of pocket

Pay up to out-of-pocket max

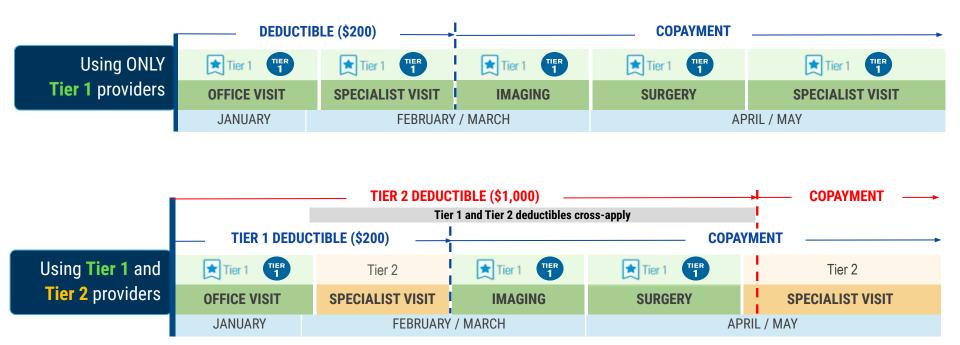
Your plan pays 100% of services for remainder of the year

- Physicians
- Radiology and Laboratory
- Hospitals
- Urgent care facilities
- Surgical centers
- Rehabilitation centers





## How to Use the Triple Choice Plan



Note: Examples are using the Employee Only Plan



### **How to Use the HDHP + HSA**

Fund your Health Savings Account

Automatic payroll contributions by you and the State

Choose an in-network doctor

Look for the symbol for greater savings

> lotal Care



Pay a deductible

Use available HSA funds or pay out of pocket for services and some prescriptions

av coinsurance

You pay \_\_\_\_ 10%



Your plan pays 90%

Pay up to out-of-pocket max

Your plan pays 100% of services for remainder of the year

Invest with Tax Advantages

Your funds will continue to grow and roll over year-to-year



HSA funds can help you pay for your expenses

The amount you want in your account



26 pay periods



Your contribution per paycheck

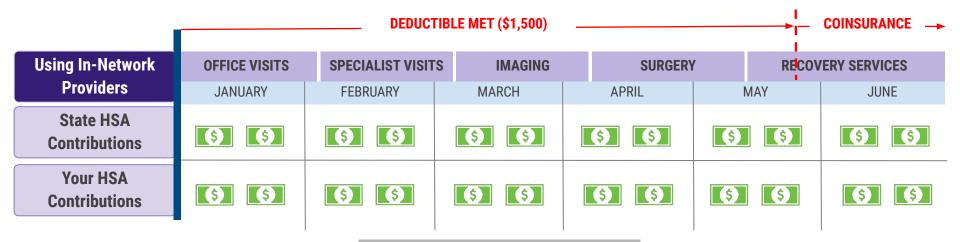


### How to Use the HDHP + HSA

Use Total Care or Premium Designated Providers







State HSA Contribution Per Pay Period \$27.69 Individual \$55.38 Family

Note: Examples are using the Employee Only Plan



# **Health Savings Account**



#### What is an HSA?

- Only use with high deductible health plan
- Savings account to pay for qualified health care expenses
- Pay deductibles and coinsurance
- Your contribution reduces your taxable income

# State Contributions

- Funded by the State every pay period
- Individual: \$27.69 each pay period
- Family: \$55.38 each pay period

# **Your Contributions**

- Calculate an amount up to the IRS maximum
- Age 55+ can contribute an additional \$1,000

#### Individual:

\$3,600.00 IRS Maximum
-\$ 719.94 State Contribution
\$2,880.06 ÷ 26 pay periods
\$110.77 each pay period

#### Family:

\$7,200.00 IRS Maximum
-\$1,439.88 State Contribution
\$5,760.12 ÷ 26 pay periods
\$221.54 each pay period

# Using the Funds

- Receive Mastercard® debit card to pay at point-of-service
- Funds roll over yearly
- You own the account and the funds, even if you change jobs or retire
- Investment options for funds over \$1,000

optumbank.com/arizona



HSA Contributions can be updated anytime through the Y.E.S. website



## **Health Savings Account**



# How Your HSA Is Established

- State automatically opens in employee's name after enrolled in high deductible health plan
- Optum will verify your identification
- Optum will email or send a letter if there are issues with establishing your account

# **Common Reasons for Delays**

- Incorrect Address
- P.O.Box (no card delivery allowed)
- Legal name inconsistent
- Use Social Security card name, under IRS rules names must match

# Not Eligible To Contribute

- Employee is enrolled in Medicare or Medicaid
- Employee or spouse has Health Reimbursement account (HRA)
- Employee is enrolled in TriCare
- Care is received from Veterans' Administration (VA)



## **Flexible Spending Accounts**



#### **Health Care FSA**

Use with Triple Choice Plan
For medical, dental, vision, prescriptions,
& over-the-counter medication

# Pay eligible medical expenses with pre-tax dollars

- Reduces taxable wages which decreases taxes
- Use to pay your deductible, copays, over-the-counter items

## Maximum Contribution \$2,750

- Determine your annual election based on health expenses
- Your annual election will be divided by 26 for a per paycheck contribution

### **Limited Purpose FSA**

Use with HDHP w/HSA Plan Use for dental & vision only

#### TASC Mastercard®

- Pre-loaded with your annual election amount
- Pay at point of service
- May have to submit paperwork to prove claim
- Keep all bills with services listed - not just card machine receipts

## USE IT OR LOSE IT EACH YEAR

- Claims Jan 1-Dec 31
- Reimbursement claims submitted by Mar 31



Check account & upload claim docs anytime



# What to Consider When Choosing a Plan

### **Benefits**

- The same benefit structure for each plan
- Value added benefits vary among carriers
  - Health and wellness services

### **Networks**

- All plans have nationwide networks
- Provider networks vary among carriers
- Make sure your providers are on the plan
- Look for the symbols









### Cost

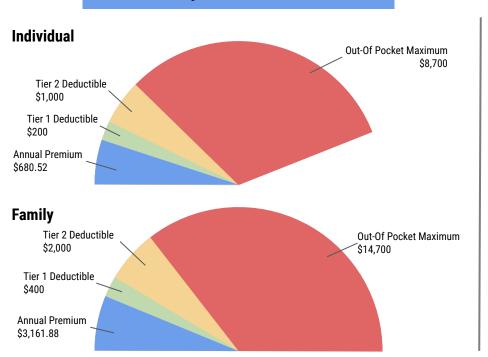
- Understand how premiums & deductibles work for your budget
- Out-of-Network costs are higher



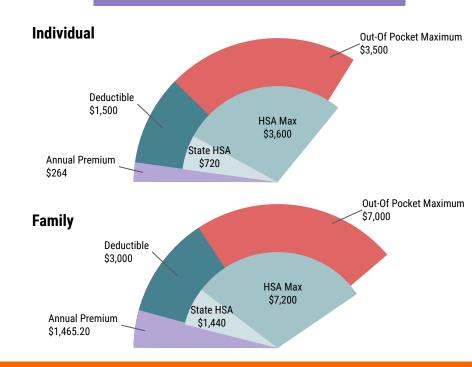
# What to Consider When Choosing a Plan



#### **Triple Choice Plan**



#### **High Deductible Health Plan + HSA**







Name: Jessica

**Age:** 34

Status: Single

#### Medical Services in 2021:

Preventive Exam

Ambulance

Emergency Room Visit

o Durable Medical Equipment

Specialist

Radiology

o Other Facility Services

Physical Therapy (4 visits)

			Triple Ch	High Deductible Health Plan			
Services	Cost of	Tier 1		Mix Tier 1 & Tier 2		Deductible	
	Service	Deductible \$200	Copay	Deductible \$1,000	Copay	\$1,500	Coinsurance
Preventive Care Office Visit	\$150	\$0	\$0	\$0	\$0	\$0	\$0
Ambulance*	\$600	\$200	\$0			\$600	
ER Visit	\$700		\$200	\$700		\$700	
Durable Medical Equipment	\$200		\$0	\$100	\$0	\$200	
Specialist Visit	\$600		\$40	\$100	\$40		\$60
Radiology	\$30		\$0		\$0		\$3
Physical Therapy	\$215		\$80		\$80		\$22
Total	\$2,495	\$520		\$1,120		\$865	

<sup>\*</sup>Ambulance services are always Tier 1

The State contributes \$720 on an annual basis to the individual HSA account



Name: Richard

**Age:** 38

Status: Single

#### **Medical Services in 2021:**

Preventive Exam

Diabetic Services

 $\circ \ \ Primary \ Care \ Provider$ 

Laboratory Services

Medical Supplies

Specialist

o Prescription Drugs

			Triple Ch	High Deductible Health Plan			
Services C	Cost of Service	Tier 1		Mix Tier 1 & Tier 2		Deductible	
		Deductible \$200	Copay	Deductible \$1,000	Copay	\$1,500	Coinsurance
Preventive Exam	\$150	\$0	\$0	\$0	\$0	\$0	\$0
Primary Care Visit	\$100	\$100		\$100	-	\$100	
Lab Services	\$75	\$75		\$75	-	\$75	
Specialist Visit (x2)	\$275	\$25	\$80	\$275		\$275	
Medical Supplies (Annual)	\$1,725		\$440	\$550	\$285	\$1,050	\$70
Pharmacy Month/Annual (2 Generic)	\$25/\$300		\$25/\$300		\$25/\$300		\$25/\$300
Pharmacy Month/Annual (Brand)	\$275/\$3,300		\$40/\$480		\$40/\$480		\$40/\$480
Total	\$7,452	\$1,	,500	\$2,	,065	\$1,	630

The State contributes \$720 on an annual basis to the individual HSA account



Name: Richard & Jessica

Age: 38 & 34 Status: Married

#### **Medical Services in 2021:**

Preventive Exam

Diabetic Services

Primary Care Provider

Laboratory Services

Medical Supplies

Specialist

o Prescription Drugs

Maternity Services

Primary Care Provider

o Obstetric Care

o Radiology Services

Laboratory Services

o Prescription Drugs

Inpatient Hospital Care

			Triple Ch	High Deductible Health Plan			
Services	Cost of Service	Tier 1		Mix Tier 1 & Tier 2		Deductible	
		Deductible \$400	Copay	Deductible \$2,000	Copay	\$3,000	Coinsurance
Preventive Exam (x2)	\$550	\$0	\$0	\$0	\$0	\$0	\$0
Primary Care Visits	\$1,000	\$285	\$80	\$400	\$80	\$400	\$40
Lab Services	\$1,000	\$80	-	\$250		\$250	
Specialist Visit (x2)	\$275	\$35	\$40	\$140		\$275	
Obstetric	\$2,390		\$20	\$1,210	\$20	\$2,075	\$20
Radiology	\$160		\$0		\$0		\$0
Medical Supplies (Annual)	\$1,725		\$440		\$440		\$440
Pharmacy Month/Annual (Generic)	\$25/\$700		\$25/\$365		\$25/\$365		\$25/\$365
Pharmacy Month/Annual (Brand)	\$275/\$3,300		\$40/\$480		\$40/\$480		\$40/\$480
Total	\$11,100	\$1,	825	\$3	,385	\$2,	905

The State contributes \$1,440 on an annual basis to the family HSA account





# **Pharmacy Benefits**

## **Prescription Drug Plan**



# **Same Pharmacy for ALL Carriers**

- Pharmacy Benefit
   Administrator
- Maintains the formulary, pharmacy network, and drug costs



### **Pharmacy Information**

- On your medical card
- Prescription drugs are covered In-Network only
- Medical carrier **is not** the pharmacy administrator
- Pharmacy website: medimpact.com
- Find a pharmacy near you with the best price
- View prescription drug information and prescription history
- View your accumulators & YTD drug spend

# **Prescription Drug Copays**



- MedImpact Direct will be replacing AllianceRx Walgreens
- Copays apply toward your out-of-pocket maximum
- For HDHP plan, member must pay 100% until the deductible has been satisfied. Then the applicable fixed dollar copay applies.
- Refer to Summary Plan Document for more about Prescription Drugs

	Retail (30-Day Supply)	Retail (90-Day Supply)	Mail Order (90-Day Supply)
Generic	\$15	\$37.50	\$30
Preferred Brand	\$40	\$100	\$80
Non-Preferred Brand	\$60	\$150	\$120



# BlueCross BlueShield of AZ



# UnitedHealthcare



# **Enrollment**

## **How To Enroll**

### **Step 1- Learn**

- Visit our website: benefitoptions.az.gov/0E2021
- Review Enrollment Guide, rates
   & coverage
- Watch informational videos



### **Step 2 - Learn More**

- Visit myalex.com/adoa/2021
- Understand your options
- ALEX IS FOR INFORMATION ONLY, NOT ENROLLMENT



### Step 3 - Enroll

- Active employees must enroll through Y.E.S.
  - hrsystems.azdoa.gov
  - > Y.E.S. Portal
  - Open Enrollment
- Paper forms will not be accepted
- Follow the steps to enroll
- Save your confirmation email





## **How To Enroll**

#### **Password Reset Process**

- The HRIS Service Desk can no longer reset a password on your behalf, please follow the instructions available at HR Systems:
  - Step 1: Click <a href="https://hr.az.gov/HRSystemsEmployeeResources">https://hr.az.gov/HRSystemsEmployeeResources</a>
  - Step 2: Under Y.E.S. Resources for Employees, click Read More then Y.E.S. Getting Started User Guide

### **Supported Browsers**

- Please ensure you have one of the following browsers available during Open Enrollment
  - Internet Explorer is no longer supported
  - iPhones and iPads are not supported; only can use Macbook

Google Chrome

Microsoft Edge Chromium Apple Safari Mozilla Firefox

No Microsoft Edge or Internet Explorer













## **How To Enroll**

### **Demographic Information**

You are required to validate and update demographic information so we can communicate efficiently with your about your benefits

### **Dependent Social Security Numbers (SSN)**

Correct SSN's for dependents are required

### **Dual Coverage**

Duplicate enrollment in State plans is prohibited and will be terminated with no refunds for the premiums paid. For spouses or dependents who are State Employees, State University Employees, and/or Retirees, specific rules apply. Please refer to your enrollment guide for specific details.

### **Beneficiary**

Review your beneficiaries for life insurance and update if needed



# Survey

bit.ly/0E2021Pres

## **Key Contact Information**

#### **ADOA HR Benefits Office**

Website:

benefitoptions.az.gov

Phone:

Mon-Fri 8a-5p (602) 542-5008 or (800) 304-3687

Email:

benefitsissues@azdoa.gov

#### **BlueCross BlueShield of AZ**

Website:

azblue.com/stateofaz

Phone: (866) 287-1980

#### UnitedHealthcare

Website:

whyuhc.com/stateofaz

Phone:

(800) 896-1067



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